

# Patient Portal Instructions

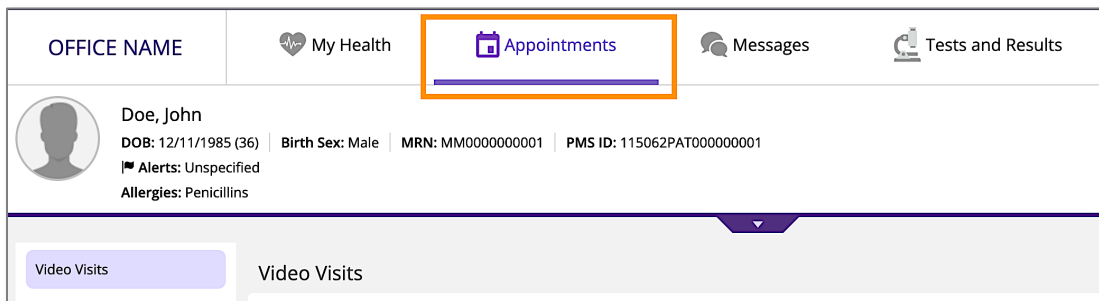
## Access Your Medical Records

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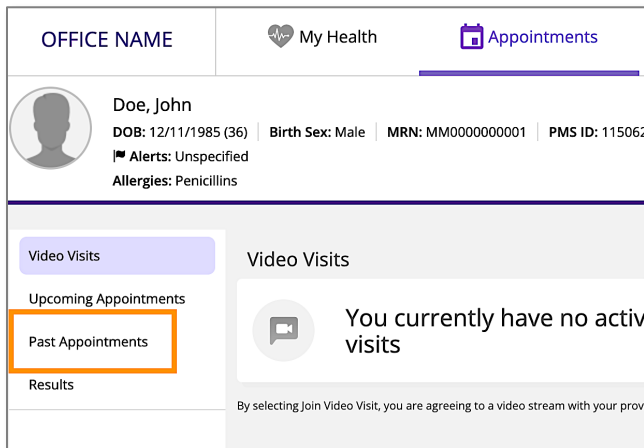
### View, Download, and Print Your Visit Notes

The Patient Portal allows you to access your medical records, including completed visit documentation from your doctor or other qualified healthcare provider. The following instructions will guide you through how to locate these records within the portal.

1. Once logged in to the portal, select **Appointments** from the main navigation bar.



2. Select Past Appointments.



3. From the *Visit Date* column, select the blue hyperlink for the visit documentation you would like to view.

# Patient Portal Instructions

OFFICE NAME | My Health | Appointments | Messages | Tests and Results

**Doe, John**  
DOB: 12/11/1985 (36) | Birth Sex: Male | MRN: MM000000001 | PMS ID: 115062PAT00000001  
Alerts: Unspecified  
Allergies: Penicillins

Video Visits | Upcoming Appointments | **Past Appointments** | Results

Past Appointments

Start Date: mm/dd/yyyy | End Date: 08/23/2022 | Apply

Visit Date	Attendees	Impressions	Location
Monday, Aug 22, 2022 11:11am EDT	Primary Provider & Primary Billor: Doe, Jane	Headache (R51.9)	OP

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**Note:** If the visit link is in plain black font, this means the visit is not ready to be viewed. Check back later, or contact our office.

- Your internet browser's PDF viewer should open the document for you to view. You should also have options to download or print the document.

Go Back to Visits

View Note | View Enc. Form | View Handout | Patient Education

EMA\_20220822T151126\_0000\_MRNMM000000001\_P... | 1 / 1 | 100% | Download | Print

**Doe, John**  
PMS ID: Sex: DOB: MRN:  
115062PAT000000001 Male 12/11/1985 MM000000001

Visit Note - August 22, 2022

**Allergies**  
Penicillins

**Medications**  
gabapentin 100 mg Oral - capsule  
sertraline 50 mg Oral - tablet  
escitalopram 2 mg Oral - tablet

**Medical History**  
Anxiety disorder  
Chronic pain  
Depressive disorder

**Social History**  
BCH 1-2 drinks per day  
Smoking status - Never smoker

**Chief Complaint: headache**

**HPI:** This is a 36 year old male who is being seen for a chief complaint of headache located all throughout the head. He has headaches that are described as dull pain and throbbing, and moderate in severity. The headaches have been present for months. The headaches developed gradually.

**Exam:**

**General Appearance**  
Appearance: well developed and nourished  
Orientation: Alert and oriented to person, place, time.  
Mood: mood and affect well-adjusted, pleasant and cooperative, appropriate for clinical and encounter circumstances

**Impression/Plan:**  
1. Headache  
Headache, unspecified (R51.9)  
Pain Intensity: 4.0 - 4/10 Pain

**Plan: Counseling - Headache Symptom.**  
Please refer to the education handout for detailed counseling.

**Plan: Prescription.**  
Ibuprofen 800 mg tablet PO